



2025/26 TRAINING ROSTER

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRED CATERSON TOP NETS	U/11 GREEN'S	Available Upon Request	SENIORS ALL TEAMS	GIRLS ALL STAGES	U/10 GREEN'S
FRED CATERSON BOTTOM NETS	U/11 WHITE'S	U/13 WHITE'S	SENIORS ALL TEAMS	GIRLS ALL STAGES	U/10 WHITE'S
FRED CATERSON FIELD 4	U/12 GREEN'S	U/14 WHITE'S	SENIORS FIELDING DRILLS	GIRLS ALL STAGES	U/10 BLUE'S
FRED CATERSON FIELD 6	U/12 BLUE'S	U/14 BLUE'S	Available Upon Request	Available Upon Request	STAGE 1 GIRLS COMPETITION MATCHES
FRED CATERSON FIELD 2/3	U/14 GREEN'S	WOMEN'S SOCIAL LEAGUE	U/15'S	Available Upon Request	WOOLWORTHS BLAST CENTRE
GLENHAVEN NETS	U/13 BLUE'S				Available Upon Request
GLENHAVEN OVAL	U/13 GREEN'S				U/12 WHITE'S



2025/26 TRAINING ROSTER

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRED CATERSON TOP NETS	U/12 GREEN'S	U/14 WHITE'S	SENIORS ALL TEAMS	GIRLS ALL STAGES	U/10 BLUE'S
FRED CATERSON BOTTOM NETS	U/12 BLUE'S	U/14 BLUE'S	SENIORS ALL TEAMS	GIRLS ALL STAGES	U/10 GREEN'S
FRED CATERSON FIELD 4	U/11 GREEN'S	Available Upon Request	SENIORS FIELDING DRILLS	GIRLS ALL STAGES	U/10 WHITE'S
FRED CATERSON FIELD 6	U/11 WHITE'S	U/13 WHITE'S	Available Upon Request	Available Upon Request	STAGE 1 GIRLS COMPETITION MATCHES
FRED CATERSON FIELD 2/3	U/14 GREEN'S	WOMEN'S SOCIAL LEAGUE	U/15'S	Available Upon Request	WOOLWORTHS BLAST CENTRE
GLENHAVEN NETS	U/13 GREEN'S				U/12 WHITE'S
GLENHAVEN OVAL	U/13 BLUE'S				Available Upon Request